



Miss Ellis' Sensory Playdough Recipe

Little Knellies love playdough and Miss Ellis has shared her recipe that you can try at home. This is her go-to no-cook recipe and you can add anything you want to it, including herbs and spices, biodegradable glitter, food colouring and even sand! The possibilities are endless!

You will need:

- 2 cups of plain flour (all purpose)
- 2 tablespoons of vegetable oil
- ½ cup of salt
- 2 tablespoons of cream of tartar
- Up to 1.5 cups of boiling water (adding increments until it feels just right)
- Food colouring (optional, gel colours give the strongest colour - add to the water before pouring into the dry mixture)
- Few drops of glycerin (optional - adds more shine)
- Herbs and spices (optional - try cinnamon for winter, mint for summer)

Method:

1. Mix the dry ingredients in a large bowl
2. Add the food colouring to the boiling water then into the dry ingredients
3. Stir until it forms a dough
4. Add the glycerin (optional)
5. Allow it to cool down then knead vigorously for a couple of minutes until all of the stickiness has gone. If it is still a little sticky, then add a bit more flour until just right

