

Finding Paint in Nature

In the past, all paint had to be found in the natural world. Why don't you challenge yourself to find paint in nature?

You will need:

- Water
- Paintbrush
- Paper

1. All you need to do is go outside for an adventure in nature and start collecting. You could even look in your own kitchen and see what you could find.
2. Once you have all your natural elements, you can start making colour. You will need to crush, squeeze, soak and crumble your finds. You could also try mixing some of the natural elements with water or other materials, such as chalk to get some colour out of it.

3. Paint your colours onto a piece of paper and don't forget to write down what you used.

Here are some you could try out:

